



Center for New Beginnings

Spotlight on a Child: Chuck Prescott

Chuck is a 14 year old with autism who lives in Jefferson County. Despite living in a rural area his family has persevered, finding unique ways to help him succeed beyond what many would have expected! The following is a letter from his mother: *During this season of Thanksgiving, I am so thankful for all the people new and old that have been involved in shaping Chuck into the young man he is today. Sometimes we do not have all we want, but we always have all we need. God has been faithful to supply us with the people we need just at the right time. A lot of people want to help, but they just do*

not know what to do. There are so many ways that people can help-be creative. When Chuck was younger, we had senior high school students do a work study program in our home to work 1:1 with him. These were students that were interested in Special Education or the medical profession. We also had our church family help out by making gluten free foods for his special diet and shadowing him during church for Sunday School and Children's Church. I have learned to be specific in

letting people know how they can help.

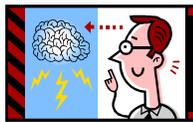
Before Chuck started school, we averaged 6 hours a day (M-F) of "therapy" in the home. This included Babies Can't Wait support, social skills, ABA, sign language (Signing Time videos), interactive music, functional skills, etc. We had two staff that each worked 3 hours a day--8:30 -11:30 am and then 1 to 4 pm. We really benefited from making a schedule and just keeping him engaged. We have learned to try new things and not be afraid to get him involved. Make regular visits to the Library and



Chuck finishing the Bird Dog Breakaway

Brain Balance Workshop

What could be more fascinating than the functioning of the human brain?! None of us can surpass the performance capability of our individual brain. We were honored to host Dr. Victoria Naumann from the Greenville Brain Balance Center last month at our local library. She presented a FREE two hour workshop "Better Brain, Better Behavior". We learned to iden-



tify what area of the brain is lower in age level processing and needs to be stimulated, -How to target that area of the brain with exercises, activities, and academics, and – How to set up a mini program targeting better learning and thus better behavior." Dr. Naumann discussed normal functions of Left and Right Brain Hemi-

spheres and the theory of Functional Disconnection Syndrome. Basically academics and behavior are only the tip of the iceberg that we can see in our children; we must look deep beneath the surface at the cognitive, fine motor, sensory, and even postural and primitive reflex issues. Only then will we be able to help our children increase brain functionality and rise to meet the great expectations we hold for them!

Staff/Volunteers

- Director/Behavior Specialist: Sarah Ashe
- Instructors: Janice Dyson, Sheila Keller, Christy Word
- Counselors: Tonya Brown, Faith Edmondson
- Tutors: Sandy McFeat, Mary Jane Mathews, Carol Clark, Felicia Chandler, Casey Joye, Corina Stan
- Assistants: Hannah Prescott, Ashley Register, Heather Crockett, Angela Chance, Samantha Southard
- Parent Support: Tracey Ouzts
- Office: Ambar Hardy, Maryann Yoder, Roseann Fiest, Wilma Mims, Carolyn Junkins

Board Members

- Teresa McClellan, Chairman
- Dr. Shelley Griffin
- Jan Griffin
- Merla Jones
- Julie Mitchell
- Tracey Ouzts
- Joy Rowell
- Elaine Sikes
- Susan Swanson

TO LEARN MORE:

Temple Grandin is a successful adult with autism speaking in Atlanta Dec. 12. Find info @ fhaotism.com/about-our-conferences. Read *The Way I See It* OR *The Autistic Brain* both by Temple Grandin.

Director's Letter

The end of another year for CFNB is fast approaching. While the foundation of the services and workings of the Center remain the same, each year has its own underlying stories. How thankful I am to be a part of these stories, services and the families whose lives are touched in some way by this ministry.

In any good works of growing and serving our Lord, faithfulness and perseverance are themes that stand out in my mind. We have been blessed financially throughout the year with many unexpected gifts and community support through fundraisers to sustain our growth. That growth would lead to the theme of 2013 – Perseverance. Our staff has grown in number along with the demands placed. I am truly grateful for all the center staff, volunteers, the Board, the private therapists that work so diligently each day in meeting the diverse needs set before them.

New Beginnings” brewing for 2014: I have been working for about 5 years to complete course work

and internship requirements to be eligible to take a licensure test to become a Board Certified Behavior Analyst. As things stand right now, I will finish these requirements and be eligible for the exam in May. I have been literally plugging away at this, in addition to the work of the Center and my responsibilities of teaching in the school system, because I am hopeful that this will be an avenue for families to use insurance for some of our services. The Bill for Georgia to allow insurance coverage, although close has yet to pass, but I have felt it necessary to be prepared for what hopefully will soon be an option available for families. In addition, I am praying this will also allow me an avenue to financially be able to in some way lessen my working hours away from the Center. This all remains unclear, but anyone who knows me knows I try to hold plans lightly until they become clearer as to how to move forward. I do know this, perseverance has been my theme song in this endeavor and I see the light at the end. I would appreciate prayer as we hope this opportunity will lead to many blessings.

Also for 2014, we have already been working towards and even have applied for a grant to open the RE-New Thrift Shop here in Waynesboro. While just in the planning stages, the Board is hopeful this may be the next outreach for the Center. The focus is a start up for a pilot program for young adults with special needs who would benefit from job and life skills training at the shop. We are in the process of collaborating with other organizations to make this a benefit for not just the Center's families but others in the community. It is my hope that in our Spring Newsletter you will learn more about this new venture!

Finally, I want to share some words that have stood out to me as to why we do the things we do. In the Bible, Paul writes to the Colossian Church some words that suit how I feel about the underlying reason we serve at CFNB: “that their hearts may be encouraged, being knit together in love, to reach all the riches of full assurance of understanding and the knowledge of God's mystery, which is Christ, in whom are hidden all the treasures of wisdom and knowledge.” ~Sarah Ashe

Spotlight cont. Chuck

out to eat. These are great places to work on social skills and being appropriate in the community. Get involved in church (Sunday school, Kids Church and Wednesday night programs) and recreation/YMCA sports and camps.

Take time to educate yourself on websites such as Autism Speaks on resources, waivers and grants available. Most importantly, enjoy the journey. The ride will have ups and downs and moments that will take your breath away. No one is perfect, and we all do what we can. Something is better than nothing.

CFNB has been a gem to us, and the staff and therapists here are top notch. The Center feels com-

fortable and like home. Each person greets my son by name and really enjoys their job.

Tips to Remember as a Parent:

- Be supportive of the great workers and always do your part to help them meet a need.
- Check the list of needs posted and try to do your part to help them.
- Be creative and pass the list on to others when they ask how they can help.
- Be grateful and always talk about your blessings more than your burdens. We are a blessed people, and God is faithful.
- Stay the course and do not

give up. You keep putting one foot in front of the other and moving forward.

- Trust your support network and learn to let other people help you. It takes a village.
- Thank you to all the wonderful staff and therapists at the CFNB. We are so thankful for you and all you do. You all do not hear it enough, but we are sending a big thank you to YOU!!!!!!*
~ Julie Prescott (proud mother of Hannah & Chuck Prescott)

Chuck Prescott is this year's winner of our Running with Excellence Award given during our 6th Annual Bird Dog Breakaway.

In the News:



Don't miss an evening of good food (*Pork Tenderloin, Parmesan Potatoes, Haricot Green Beans,*

Brownie w/ Chocolate Sauce & Lemon Bar w/ Cream, and of course salad, roll, and drinks) and great entertainment. Our local high schools will be showcasing their talent at our 5th annual Dinner Theatre coming up **Thursday, November 21st**. Tickets are \$30 and are available at the Center office.

We will close the week of Nov. 25 for Thanksgiving. Christmas vacation will be Dec. 23-Jan.5, 2014.

Come see us in downtown Waynesboro at **"Christmas on Liberty" Friday, Dec. 6th**. We will be selling "Bags of Joy", fun appetizer goodies and mixes to take with you to that annual holiday party! If anyone would like to volunteer to help out with this, please talk to Ambar in the office or call 706-437-0505.

Year-End Giving: As we count our blessings here at the Center, we include YOU, our faithful supporters! Please remember us during your holiday giving this year. As always, donations are tax-deductible.

Parent Support Group meetings provide a great opportunity for parents

and caregivers to come together to share information, gain inspiration, and most importantly share awareness within the special needs community through life's special challenges. November's Meeting focused on how to handle transitioning out of school and what opportunities are available. Our next meeting, **Monday January 24**, we will be asking Parent2Parent of GA (p2pga.org) to host another free training to address the needs of our parents.

We look forward to seeing you at our next meeting.

Thank you,
Tracey Guztz

CFNB Parent Support Coordinator
[706-830-4833](tel:706-830-4833)

Bird Dog Breakaway from the Eyes of a Planner [More pictures at birddogbreakaway.com](http://birddogbreakaway.com)

Someone recently asked me "How did you get involved with the Center?" My response was "I was asked to help organize the Bird Dog race the very first year and have helped ever since." That question ignited a flood of memories reaching back six years ago to our very first planning meeting. The committee consists of a team of 8 ladies with different strengths to get the job done. We seek sponsors from

the community, put out advertising, recruit volunteers, and distribute flyers to local schools. We prayerfully consider the date and ask God to provide the runners and walkers. He never fails! Scripture tells us "Work willingly at whatever you do, as though you were working for the Lord rather than for people...Colossians 3:23." The Center is for God's glory. He created each of the children that attend. He

also has a plan for their lives; if that plan involves me helping in fundraising for the Center to provide the services it does, then I will be obedient to the Lord. ~ Lori Springer, Bird Dog Breakaway Planning Committee



Some of our runners from the Adaptive Race!

Bird Dog Breakaway Sponsors ~ Thank you!

Client Management Systems
Sam Dong Georgia
Hardy Plumbing Company
Samson's Manufacturing
BAS Inc. Irrigation Systems
Camino Real Mexican Restaurant
Medical Specialists Inc.
Rowell Electric
TruFlame Gas
William Mizell Ford
C & H Services
Capital Furniture Company
Chance & Hydrick Funeral Directors
Collins Bonded Warehouse
DeLoach-McKerley Funeral Home

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Georgia Power Company
Sheriff Greg Coursey & Family
J. Brad Jones Wildlife & Fisheries Management
Johnny "C" & Brian Casarez Home Fix-Up
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Fleet Feet Sports
HappyKap Screenprinting & Design
Harvey's Supermarket
Kastan Properties
Marks Clearing & Grading
McKinney Home & Rental Center
Planters Electric Membership
Purification Cellutions
Queensborough National Bank
Story & Associates Insurance
The Counseling Group
The Mobley-Gentry Firm

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A Place of Healing and Hope.



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CFNB is a Christian non-profit center serving children and adolescents with special needs (behavioral, educational, emotional, intellectual, physical), as well as their families and caregivers in the rural counties south of Augusta. It is our mission to offer healing and hope to families in need through the provision of resources, services, and support to meet the challenges they are facing.

Available Services:

Community Services:

- Trainings, Consultative, and Shadowing for community programs

Children Services:

- In-home and Center-based Individualized Programs
- Academic Tutoring
- Special Needs Playgroup
- Social Skills Groups
- Individual & Family Counseling
- Speech, Occupational & Physical Therapy available through private providers

Family Services:

- Lending Library & Resource Center
- Parent Support Group

Prayer and Praise

~Planter's EMC: Three grants: Covering staff and parent training/conferences. It truly is a blessing to go and grow in knowledge! Also new program materials and our wonderful new phone system!

~ William Mizell Ford for sponsoring the Dinner Theater.

~Emily Fulgham for catering our Dinner Theater again this year.

~ Knox Foundation: \$20,000

Special thanks to Elizabeth Collins for going to bat for us on this grant.

~RD Electrical Services: \$5,000

~First Baptist Church Spares and Pairs S.S. Class for their very generous donation of \$500.

~Capital Furniture Company: Wall Unit donated to sell for proceeds to benefit the Center.

~Monthly donors who keep us going with their faithful support!

~ First Methodist Youth helped us with a clean up day .

~Mobley-Gentry Firm for painting bathrooms at the Center

~Thanks to John Grey who has helped us with many handy man jobs at the Center.

~Special Thanks to our great office volunteers who are filling a very needed role for the Center.

~Pray for the grants that are pending that we would have favor and always that we may serve well the people who come to us for help.

Wishing you and yours a Merry Christmas and a blessed New Year!