



CENTER FOR NEW BEGINNINGS

Fall/Winter 2012

1:1 Instruction



Thanks to our SPONSORS for their support!
Here are some snap shots of the work that happened this year at CFNB.

Private Therapy



Monthly or Annual



Social Group

Donors:

- Blauser Technologies Inc.
- Botsford Baptist Church
- Jeremy & Sara Brown
- Greg & Susan Coursey
- First Baptist Church of Waynesboro & Anonymous Church Members
- Dr. & Mrs. Shelley Griffin
- Mr. & Mrs. Darryl Johnson
- McKinney's Wholesale
- Mr. & Mrs. Jesse Palmer
- Rowell Electric
- Mr. & Mrs. Hubert Reddick
- Mr. & Mrs. Stanley Smith
- Mr. & Mrs. Rusty Rowell

BIRD DOG BREAKAWAY:

- Sam Dong Georgia, Inc.
- Samson's Manufacturing Corp.
- Client Management Systems, Inc.
- BAS Inc. Irrigation Systems
- Dermatology Specialists of Augusta
- Sanders R. Callaway, MD
- Sheriff Greg Coursey & Family
- Camino Real Mexican Restaurant
- Hardy Plumbing Company Inc.
- Blanchard Equipment Company
- C & H Services
- Chance & Hydrick Funeral
- Collins Bonded Warehouse
- DeLoach-McKerley Funeral Home & Cremation Service
- Dr. Mark Gresham
- First National Bank
- J. Brad Jones Wildlife & Fisheries Management
- Road ID
- Purification Cellulations LLC
- Rowell Electric
- Sardis Peanut Company
- Taylor Brothers Auto Sales
- A & W Oil
- AgGeorgia Farm Credit
- Bi-Lo Waynesboro
- Capital Furniture Company, LLC
- Cates Firestone
- Chalker Publishing Co.
- Delta Termite & Pest Control
- Dr. Lamar Murray
- First Baptist Bible Play School



Home School Support

Fleet Feet Sports

- HappyKap Screen Printing & Design
- Harveys Supermarket - Waynesboro
- Kastan Properties
- Marks Clearing & Grading
- McKinney Wholesale
- Planters EMC
- Queensborough National Bank & Trust Company
- State Farm Insurance Companies
- Story & Associates Insurance Services
- The Mobley-Gentry Firm, CPA
- TruFlame Gas Company



ITT

Dinner Theater:

- William Mizell Ford
- Coleman Lake Restaurant
- Door Prizes: Stan Dodson, Jessica Roberts, Coleen Barnhart, Gray Kicklighter



Field Trip

Center Staff and Volunteers:

- ◆ Director/Behavior Specialist: Sarah Ashe
- ◆ Lead Instructor: Janice Dyson
- ◆ Instructor/Bookkeeper: Sheila Keller
- ◆ Counselors: Faith Edmondson, Tonya Brown
- ◆ Instructors: Christy Word, Heather Crockett, Jan Blackburn
- ◆ Tutors: Sandy McFeat, Mary Jane Mathews, Emily Graham, Carol Clark, Felicia Chandler
- ◆ Volunteers: Maryann Yoder, Marian Kearson, Roseann Fiest, Beth Jenkins



1:1 Instruction



Academic Tutoring



Morning Play Group

Our hearts and prayers go out to the families & community of Newtown, CT.

May the presence of the Lord be felt as never before.

"When you pass through the waters, I will be with you."

Isaiah 43:2

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Director's Letter

Another year at CFNB has flown by! This is definitely the time of year to reflect for what we are most thankful. Of course first and foremost the birth of our Savior Jesus Christ is at the top of my list. I do pray that each and every one of you will have a blessed holiday with friends and family, taking time to reflect on why we celebrate His birth.

As I think over the year I am truly amazed at the work that has gone on here in 2012. It has been what some would say (and I have said at times!) a particularly hard year. Up until a couple of months ago, we had received no major grants to supplement general operation costs this year. Despite this fact, we continued to have exactly what we needed each month to serve our families. It has been utterly amazing to watch as the Lord sent in completely unsolicited funds through individuals, churches, and charity-minded community organizations to sustain us through that time. This year the outpouring of support through sponsorships for our

events was like never before. The families we serve have increased their giving, and many have found other ways to give in time and much needed supplies. We are grateful as well, to Planters EMC who helped throughout the year with the cost of providing supplies for programs.

The life of ministry is a truly blessed life, not because it's easy or financially profitable. We are blessed because we are able to see what so many are missing: when we live our lives dependent on His hand for our daily provisions, He gives the gift of daily walking in the palm of His hand. I for one am grateful for the life He has given me.

I personally want to thank all who have given in so many ways of support over this 2012 year, and I also want to give a "shout out" to the workers. CFNB staff, volunteers, and the private therapists of CSRA Therapy and Jennifer Hood are truly amazing people. Not just in the work they do every day, but

the genuine attitudes of love and care in which they serve. Like anywhere, many days working conditions can be difficult, but seldom do I hear any complaints. In fact just the opposite; one of the reasons we continue to thrive in difficult times is that here at CFNB everyone works to use our resources to their fullest and to be mindful of each other's needs in a way that I have found is unique in this day and time.

I can't say it better than to quote from my favorite book: "If you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday" Isaiah 58:10, and "For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many." Mark 10:45

Have a Merry Christmas and may 2013 bring blessings that are beyond what you expect, but what you really need!
~ With the love of Christ ~ Sarah

In the News:

- Our summer program ended in a splash as we hosted Water Day for the kids that participated in groups and therapy over the summer. Shrieks and squeals were heard around the Center as the kids played on a giant water slide and castle bounce house, played games, races, and more. The kids finished off with lunch hot-dogs from Doug's Doggs. Thanks to all those who supported us this summer and to the parents who faithfully bring their children. Thanks to all the volunteers who helped make the day a success.
- Tonya Brown began working with us this semester as part of her counseling internship with Troy University after completing all of her course work. We now have more time slots available for coun-



- seling. She has already proven to be a great asset to the Center.
- December 1st marked a Staff Training Day to share information and training by having each staff member present better ways to use the resources we already have on hand within the Center. The staff is excited to implement these effective program materials.
- Thanks to all who stopped by William Mizell Ford on November 15th. As the chosen non-profit, CFNB received \$10 from Ford Motor for each of the first 50 who registered to win a car!
- CFNB has long sleeve, hunter green t-shirts for sale for \$15, complete with artwork from one of our kids! Special thanks to Mary Jane and Happy Kap Screen printing & Design.



- Sarah spoke at Town & Country Women Club, and we appreciated their gifts. Faith will be speaking to the Rotary Club in February.
- Parent Groups 2013—Heloise Salter, Parent Advocate for Columbia Co. Schools, will be coming to speak the last week of January. As a parent of a teenage son with Cerebral Palsy, she will talk about how to get resources, such as adaptive equipment, for your child. Great ideas and information.
- Future meetings will include: making Scrapbooks to help caregivers and teachers better know and understand your child and an insurance expert to talk about planning for your child's financial needs as an adult.
- We are also planning to again offer an evening Sign Language Class for the community this spring for anyone interested.



Local Augusta Care Pregnancy Center

We are very excited to announce that the Augusta Care Pregnancy Center is opening a satellite office here in Waynesboro! They will be starting their Waynesboro Center by renting space within our Center one to two days a

week. Their services will include free pregnancy testing, lay counseling, and sonogram referrals. Anyone interested in volunteering or needing further information please contact: Lindsey Whinghter at

(706) 533-2100. Stay tuned for updates and future needs for this much needed new resource for our community!



Physical Therapy—Helping Children Move

Have you ever seen a child take his/her first step, jump rope, or play a game with their friends? For many children these skills come easily and without much effort. However, there are many children that these actions take weeks, months, or years to learn. Other children lose these skills due to injury or medical illness. When childhood gross motor development is delayed, a Pediatric Physical Therapist (PT) becomes an important part of a child's life. Gross motor skills include all large body movements including: rolling, sitting, standing, walking, catching/kicking a ball, and jumping. The role of PT is to help children develop these gross motor skills. Gross motor skills are affected by a child's strength, range of motion, balance, muscle tone and movement planning. Therapists use activities that address these areas while including play skills.

With men this is impossible; but with God all things are possible. Matt. 19:26

Physical Therapy for every child is different based on the reason for the gross motor delay. The goal in PT for one child may be shaking a rattle and for another throwing a baseball. Children that demonstrate Medical Diagnoses (Cerebral Palsy, Down Syndrome, Spina Bifida, Autism, or Developmental Delay) may have changes in the brain or nervous system that signals the body and plans movement skills. Therapy assists these children to retrain, increase, and/or control movement skills. Other children receive PT after an injury or orthopedic problem. Children experience bone fractures, sprains, or other injuries that result in a decreased ability to walk, run, or play. Therapy includes strength and movement training to help children return to playing sports or running on the playground. Pediatric Physical Therapy includes so much more than exercises. If

you were to watch a Physical Therapy session, it may look like a simple game (e.g. tossing a basketball). If you look closer, that child is improving strength in his arms and legs, improving motor coordination, and improving balance. Children may require Physical Therapy due to a delay in development, an injury or a medical illness. No matter the reason for therapy, the goal is to assist the child to develop or regain those precious childhood milestones. Jennifer Hood, MPT operates a private clinic at the Center for New Beginnings. She has 10 years of experience as a Pediatric Physical Therapist. "I am blessed to work with children and assist them to achieve their first milestones. My goal is to provide therapy in a loving and caring environment to help children achieve their fullest potential."



Can't Do What We Do Without YOU!



In the spring we raffled tickets for a Big Green Egg cooker. This drawing is held at the Boss Hog event in May. This year we added a gas grill as well from TruFlame, so two people got to hold a winning ticket.

In the fall we hosted two fundraisers. The Bird Dog Breakaway was a fun, family-centered event with races for the whole family, from serious 5K runners to the adorable toddlers who take off across the yard in the park! We had a record additional 90 people show up race day to register, giving us 324 total participants. Also new for this

year, we added the Adaptive Walk for our CFNB kids. It was a joy to see the dear children we serve all year long get out there and be able to run, walk, or be pushed in a wheelchair, cheered on by enthusiastic clapping from the many onlookers.

Our last "big" fundraiser was the Dinner Theater in November. We were privileged to enjoy music from the Burke County High School Chorus as well as a one-act play from the Edmund Burke Academy's Drama Team. The menu consisted of a delicious dinner of

pork tenderloin with smashed potatoes & vegetable casserole, topped off with a choice of cake. The Interact Clubs from BCHS and EBA volunteered their time to serve and help clean-up! Pieces of art were provided by the local schools and given out as Door Prizes during intermission.

Thanks to all who came out and those who helped to make our events a success. We are grateful for a total of \$27,000 in support received through our three annual fundraisers in 2012. See you next year!

Center for New Beginnings

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A Place of Healing and Hope

What we do:

Community Services:

- Trainings, consultative, & shadowing for community programs

Children Services:

- In-home & center-based individualized programs
- Academic tutoring
- Special Needs Playgroup
- Social Skills Groups
- Individual & family counseling
- Private Speech, Occupational & Physical Therapy available within the Center

Family Services:

- Lending Library
- Parent Support

Blessings! 2012 Grants

- **January, April, July, & October: Planters EMC - \$8,220 (Total of 4 grants)**
- **April: Monsanto Fund - \$2,500**
- **June: CVS Corp \$1,000**
- **October: Bi-Lo Charities \$15,000**
- **November: Capital City Bank Foundation \$1,000**
- **December: CSRA Community Foundation -\$15,000 (From Augusta Masters)**
- **Border Bash - \$3,000**

Praise/Prayer:

- Thanks to all the families who donated baked goods for our table at "Christmas on Liberty" this year. Great event!

- Families served by DeLoach-McKerley Funeral Home in 2012 donated Christmas gifts for our CFNB kids, providing lots of smiling faces! =)
- Augusta Upside of Downs Parent Support Group surprised us with **2 new iPad's** in recognition of the work we do! What an honor from this wonderful group of parents & children!
- Health for our children, families, volunteers, & staff through this winter season.
- Continued provision & support from the community for our programs.
- Perseverance & focus in our services & commitment to be used as His hands and feet.